

The book was found

Jump Into Jazz: A Primer For The Beginning Jazz Dance Student



Synopsis

First published in 1983, this book has become a standard activity book in jazz dance. It contains clear, well-illustrated descriptions of all basic jazz dance steps, combined with information on alignment, improvization, injuries, nutrition, and the history of jazz. A new chapter on fitness has been added to help dancers to understand and improve their strength, flexibility and endurance and precaution boxes have been added to help avoid injury. --This text refers to an out of print or unavailable edition of this title.

Book Information

Paperback: 208 pages

Publisher: Mayfield Pub Co; 3rd edition (November 1996)

Language: English

ISBN-10: 1559345497

ISBN-13: 978-1559345491

Product Dimensions: 0.5 x 7.5 x 9.5 inches

Shipping Weight: 11.2 ounces

Average Customer Review: 4.5 out of 5 stars 3 customer reviews

Best Sellers Rank: #842,101 in Books (See Top 100 in Books) #16 in [Books > Arts & Photography > Performing Arts > Dance > Jazz](#) #4205 in [Books > Arts & Photography > Performing Arts > Theater](#) #66952 in [Books > Humor & Entertainment](#)

Customer Reviews

Fun book to help with the basics of jazz, exercises, stretches, moves, etc. Definitely an easy read, especially for beginners

This book is a great condensed overview of different eras and their styles of dancing and music. It also had some exercises for Jazz students including pictures, which is very helpful. I enjoyed the book.

This book was very insightful. It gave a detailed history of where Jazz began and how it has developed to the present day. It also discussed proper nutrition a dancer should have, classroom etiquette, injury prevention and much more. I would recommend this book to anyone who wants to learn or teach jazz.

[Download to continue reading...](#)

Jump into Jazz: A Primer for the Beginning Jazz Dance Student
Jump into Jazz: Primer for Beginning Jazz Dance
Vertical Jumping: 20 Exercises - How to Increase Your Vertical Jump (How to Jump Higher - How to Jump High)
Jump into Jazz: The Basics and Beyond for Jazz Dance Students
Jazz Dance Class: Beginning thru Advanced (Dance Horizons Book)
How to Dance: Learn How to Line Dance, Belly Dance, Ice Dance and More
Jump, Frog, Jump! Jump, Kangaroo, Jump! (MathStart 3)
Cute Dance Journal Ballet: Lined Notebook for Girls, Perfect Gift for Dancers, Teachers ~ Unique Inspirational Quote Diary for Dance Students, Teacher~ Jazz, Ballet, Tap, Hip Hop, Irish Dance
The Dance Fairies Boxed Set (7 Books) (Rainbow Magic, #1: Bethany the Ballet Fairy; #2: Jade the Disco Fairy; #3: Rebecca the Rock 'n' Roll Fairy; #4: Tasha the Tap Dance Fairy; #5: Jessica the Jazz Fairy; #6: Serena the Salsa Fairy; #7: Isabelle the Ice Dance Fairy)
Only the Brave Dance: Teacher or Student Quote Notebook, Journal or Diary ~ Unique Inspirational Gift for Dance School Class, Jazz, Ballet, Hip Hop, Thank You, End of Year, Retirement, Gratitude
Beginning Modern Dance With Web Resource (Interactive Dance)
Beginning Modern Dance (Interactive Dance)
Beginning Tap Dance With Web Resource (Interactive Dance)
Interactive Dance Series: Beginning Tap Dance
Tap Dance Beginning Through Intermediate Lessons (Teaching Dance, Volume 5)
My Mueller Spiral-Ultra Vegetable Spiralizer Cookbook: 101 Recipes to Turn Zucchini into Pasta, Cauliflower into Rice, Potatoes into Lasagna, Beets into ... Slicer! (Vegetable Spiralizer Cookbooks)
Experiencing Choral Music, Beginning Unison 2-Part/3-Part, Student Edition (EXPERIENCING CHORAL MUSIC BEGINNING SE)
Dance and Music: A Guide to Dance Accompaniment for Musicians and Dance Teachers
Foxtrot: Learn To Dance The Foxtrot In No Time (Dance Acceleration Learn To Dance Book 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)